

TYPES OF HEALING CRYSTALS



**TWISTED
THISTLE**
Apothecaire



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Healing crystals come in many types, each carrying unique energies to balance your mind, body, and spirit. Calming, uplifting, or energizing, these beautiful stones can transform your daily life.



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1. AMETHYST CRYSTAL

Amethyst, with its rich purple glow, is often called a stone of peace. It helps ease stress, calm thoughts, and supports meditation and spiritual connection.



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2. ROSE QUARTZ CRYSTAL

Soft pink rose quartz encourages love, kindness, and self-compassion. It's perfect for healing emotional wounds and inviting warmth into your life.





3. CITRINE CRYSTAL

Citrine shines with bright energy, linked to abundance, confidence, and creativity. It's ideal for sparking inspiration and staying motivated.



4. SELENITE CRYSTAL

Selenite radiates purity and clarity, helping clear heavy energy and create a calm, peaceful space. It's also used to refresh other crystals.





5. MOSS AGATE CRYSTAL

Moss Agate, with its earthy greens, promotes renewal, grounding, and growth. It's great for fresh beginnings and connecting with nature.



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